



Rocky Creek Valley Farm

CHICKWEED

Stellaria media

Vinegar

Herbal vinegars are great for salad dressings, cooking and health.

Fill quart jar about $\frac{3}{4}$ full with chickweed. Add raw apple cider vinegar leaving about $\frac{1}{2}$ inch head space; cap with plastic lid.

Place in cool dark area for 4-6 weeks.

Shake/stir daily.

Strain.