



Rocky Creek Valley Farm

DANDELION

Taraxacum officinale

Cookies 375 degrees/10-15 minutes

½ cup olive oil

½ cup honey (local if possible)

2 eggs (free range, of course)

1 tsp. vanilla extract

1 cup flour (soaked is better)

1 cup oatmeal (also soaked)

½ cup dandelion flowers (pull yellow parts off green part—
compost green part)

Mix the oil and honey. Beat in eggs and vanilla. Stir in the flour, oatmeal, and dandelion flowers. Drop by tablespoonful on oiled or lined cookie sheet.